CHOCOLATE CORN CAKES

Serves: 8 - 10

Preparation time: 10 minutes



■ INGREDIENTS

125 grams/4 oz of cornflakes, or other flake cereal (you can also use Rice Krispies) 75 grams/3 oz of plain or milk chocolate broken into small pieces

2 tbsp of honey or maple syrup

4 large marshmallows, cut into small pieces

25 grams/1 oz of butter



F EQUIPMENT

Bowl Spoon Microwave Cake cases Fridge

Very easy and mouth-watering! Quick to make, as long as you can leave them alone for 10 minutes to set in the fridge! These are very sweet cakes, so limit yourself to one at a time!

Make sure you have some cake cases before you start and a flat baking tray or muffin tin.



- Put the chocolate, honey (or syrup), marshmallows and butter into a microwavable bowl. Set the microwave on high and put the bowl into the microwave. After 40 seconds, remove the bowl and stir the mixture. It should have melted, if not, replace the bowl in the microwave for a further 10 seconds.
- 2. Remove and stir thoroughly to mix all the ingredients together. Don't worry if the marshmallows have not completely melted, it adds to the texture.
- Mix the corn cereal into the chocolate mixture to combine everything together.
- Fill each of the cake cases with the mixture, trying not to make them too big!
- Leave to cool and set in the fridge for at least 10 minutes or longer if you are not too hungry!